



Naturally beautiful

Alexandria Dove's Girl Scout Silver Award Project

Hosted by: Forsyth Creek Week

*A series of workshops that combine the beauty of nature
with the creativity of art.*

Natural Watercolors Workshops:-

Workshops available for students and families from **grades 3rd to Adult.**

Items needed from Home:-

- Blueberries/Red cabbage
 - Coffee grounds/Tea leaves
 - Lemon/Orange peel/rinds
 - Flower petals i.e. Rose, Carnations, Green plant leaves
 - Turmeric
- (All of the above are optional depending on the colors you wish to create.)**
- 1- tbsp Baking soda
 - 1-tbsp Corn starch
 - 1-tbsp Corn syrup
 - 1-tbsp White vinegar
 - Measuring spoons
 - Mixing bowl & Small jars
 - 1-cup Hot water (**Caution...Adult supervision is required**)
 - Plastic cups/spoons
 - Plastic strainer & Baby Medicine syringe



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*A series of workshops that combine the beauty of nature
with the creativity of art. Join us for a week of
creativity and imagination.*

*Hello, my name is **Alexandria Dove** and welcome to **Naturally Beautiful**, my Girl Scout Silver Award Project. The inspiration for **Naturally Beautiful** came from attending workshops during Forsyth Creek Week dating back to when I was in the 3rd grade. Join me this week at a **Natural Watercolors Workshop** or explore your nature-hood with my **Natural Abstract Photography Workshop**.*

Each event invites you to explore, engage and educate yourself about the Natural world in our community.

Scan the QR Code for more details.





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A series of workshops that combine the beauty of nature with the creativity of art.

Natural Watercolors Workshop :-

Creating your own **Natural Watercolors** from home is both **easy and fun**.

Note: This information requires **Adult supervision. Thank you**

Creating the Natural Dye:- The following ingredients are optional depending on the colors you wish to create. Make sure to use a filter and/or strainer to separate the grounds/pulp from the dye

- Blueberries/Red cabbage
- Coffee grounds/Tea leaves
- Lemon/Orange peel/rinds
- Flower petals i.e. Rose, Carnations, Green plant leaves
- Turmeric

Hot water: Bring **1-2 cups** of water to a **boil** and **remove** from the heat. Add natural ingredients to the water to create the dye. Allow ingredients to **steep/sit for 1-hour to overnight** for **Best** results. The longer it steeps/sits the **richer** the color. Make sure to **Warm** the dye **prior** to adding to the **Base Mixture. Use a medicine syringe** to add the Natural Dye to the base mixture and mix until well combined. Once combined you can begin to paint. Dry overnight for **Best** results. **Note:** Use a paint palette to hold the different colors.

Base Mixture:- Mix these ingredients **separate** from the Natural Dye.

1-tbsp Baking soda **and** 1-tbsp Corn starch **and** 1-tbsp Corn syrup **and** 1-tbsp White vinegar. **Stir until well combined and smooth.**

